



Patient-oriented Research Project Description

Project Description: RCT comparing online mindfulness to online cognitive behavioural therapy for women with a sexual dysfunction, known as sexual interest/arousal disorder.

Project PI: Dr. Lori Brotto

Start and End Dates: 2021/05/01 to 2021/08/31

Position Type: Paid \$/hr Volunteer

Hours per Week: 5-10 hours

Number of Openings: 2

Clinical Research Area: Women's sexual health

Location: Diamond Health Care Centre or Remotely

Experience Level: BSc MSc MD PhD MD-PhD PDF

Keywords: Mindfulness, cognitive behavioural therapy, women's sexual health, knowledge translation

Project Description:

We are carrying out a pilot randomized controlled trial comparing online mindfulness to online cognitive behavioural therapy for women with a sexual dysfunction, known as sexual interest/arousal disorder. Patients have been integrally involved in the development of our online platform, and we have a patient community advisory group to work with our team regarding recruitment of an integrated KT. We are seeking a group of keen, compassionate, and detail oriented students to act as navigators for the women participating in this study.

Candidate's Role & Specific Tasks:

The student will act as an online navigator, having weekly check-ins with research participants to check in on their participation with the online program and troubleshoot any areas of concern. The student will gain practical experience by interacting with women seeking treatment for a sexual dysfunction, working with our team, including our patient advisory group, to develop advertisements, and assisting with an integrated knowledge translation plan.



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Mentorship Opportunities:

Weekly group lab meetings plus biweekly research team meetings. Plus additional 1:1 meetings with the PI as requested.

Application Instructions:

Required Documents: Cover Letter Resume Transcript Class Schedule Other:

If interested, please direct any further queries or the required documents to Dr. Lori Brotto at lori.brotto@vch.ca